Moving Forward:

Designing and Financing Effective Mental Health Services in an Era of Transformation

A symposium hosted by The Center for Health Program Development and Management

Tuesday, June 12, 2007
8:30am - 4:30pm
Reception Following

UMBC
Public Policy Building
Lecture Hall 9

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CENTER FOR HEALTH PROGRAM
DEVELOPMENT AND MANAGEMENT

Agenda

8:00-8:30 Registration and Continental Breakfast

8:30-8:45 Welcome and Overview
- Freeman Hrabowski   ● Charles Milligan

8:45-9:45 Keynote Session: Challenges to Designing an Effective Mental Health System
- Michael Hogan   ● Steven Sharfstein

10:00-11:00 Session 1: Recognizing, Accepting, and Adopting "Proven" Practices
- Anthony Lehman   ● Neal Adams   ● Ronald Manderscheid

11:00-12:00 Session 2: From Research to the Private Sector: How Private Sector Entities Make Coverage and Service Decisions
- Rick Lee   ● Rhonda Robinson-Beale

12:00-1:30 Luncheon Presentation: Mental Health Systems Transformation: Imperatives and Pitfalls
- A. Kathryn Power

1:30-2:30 Session 3: Bridging the Agency Gap: Coordinating State-Financed Mental Health Services
- Larry Fricks   ● Richard Dougherty   ● Brian Hepburn

2:45-4:00 Session 4: Moving from "Silos" to Systems: Coordination of Somatic, Mental Health, and Substance Abuse Services
- David Shern   ● Allen Daniels   ● Linda Roebuck   ● David Salkever

4:00-4:30 Reflections
- Howard Goldman

4:30-6:00 Reception

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Welcome and Overview

Freeman Hrabowski
Charles Milligan

Keynote Session: Challenges to Designing an Effective Mental Health System

The keynote session will provide insights into the many challenges states will confront as they strive to transform the mental health care delivery and financing system toward optimizing care coordination and increasing quality and cost-effectiveness.

Speaker: Michael Hogan

Commentator: Steven Sharfstein

Session 1: Recognizing, Accepting, and Adopting "Proven" Practices

Adoption of new evidence-based practices is typically slow, preventing patients from accessing the best treatments available. Mental health services offer a special challenge because policymakers, payers, and providers are frequently reluctant to stray from a "medical model" even though effective psychosocial interventions can be essential for optimal care. This session will explore how public mental health care systems can more effectively identify, diffuse, and sustain the use of evidence-based practices for the prevention and treatment of mental disorders.

Research and Development: Ready on the Runway
Speaker: Anthony Lehman

Diffusing and Sustaining Evidence-Based Practices: The "Power of the Purse" and Other Means
Speakers: Neal Adams
               Ronald Manderscheid

Moderator: Michael Abrams

Session 2: From Research to the Private Sector: How Private Sector Entities Make Coverage and Treatment Decisions

This session will offer insights into the design of behavioral health benefit plans and how employers and other large group purchasers make decisions about covering new treatments. The session will also examine how insurers determine which new treatments to cover and the corresponding processes for developing diagnostic and treatment parameters.

Employers' Coverage Decisions: Determining Benefit Designs
Speaker: Rick Lee

Insurers' Coverage Decisions: Approving Treatments
Speaker: Rhonda Robinson-Beale

Moderator: Michael Nolin

Luncheon Presentation: Mental Health Systems Transformation: Imperatives and Pitfalls

Spurred by the President's New Freedom Commission on Mental Health, ambitious efforts are underway in a vast number of jurisdictions to transform the public mental health care delivery system. This address will offer concrete steps that states, health plans, and provider organizations can take to advance mental health system transformation.

Speaker: A. Kathryn Power

Session 3: Bridging the Agency Gap: Coordinating State-Financed Mental Health Services

A variety of agencies provide mental health services, including Medicaid; mental health, substance abuse, and aging administrations; the criminal justice and educational systems; and housing, employment, and other social welfare authorities. This session will explore strategies for improving the coordination of mental health services across state agencies and programs.

Navigating Across State Agencies: The Consumer Perspective
Speaker: Larry Fricks

Organizing Mental Health Services
Speaker: Richard Dougherty

Moderator: Brian Hepburn

Session 4: Moving from "Silos" to Systems: Coordinating Somatic, Mental Health, and Substance Abuse Services

This session will explore ways in which service delivery systems can overcome clinical fragmentation associated with the traditional subdivisions that have long existed between mental health, substance abuse, and somatic aspects of medical care. Included will be an examination of existing and novel insurance strategies (e.g., "carve-ins" and "carve-outs"), as well as new approaches to individual care coordination and the coordination of efforts across various state agencies.

Organizing Public Health Insurance to Encourage Cross-Silo Coordination
      Speaker: David Shern

Individual Care Coordination: Best Practices and Future Challenges
      Speaker: Allen Daniels

States as Change Agents: Breaking Down Silos to Achieve a Coordinated System of Care
      Speaker: Linda Roebuck

      Moderator: David Salkever

Reflections

In this final session, the speaker will reflect on the day's proceedings and offer thoughts and inspiration on the challenges and opportunities that policymakers, purchasers, and providers will encounter in designing an effective mental health system in this era of transformation.

      Speaker: Howard Goldman

About the Speakers

Michael T. Abrams, MPH, is Senior Research Analyst at the Center for Health Program Development and Management, UMBC.

Neal Adams, MD, MPH, is Director of Special Projects at The California Institute of Mental Health.

Allen S. Daniels, EdD, is CEO of Alliance Behavioral Care.

Richard H. Dougherty, PhD, is President of DMA Health Strategies.

Larry Fricks is Director of the Appalachian Consulting Group.

Howard H. Goldman, MD, PhD, MPH, is Professor of Psychiatry at the University of Maryland, Baltimore.

Brian M. Hepburn, MD, is Executive Director of the Maryland Mental Hygiene Administration.

Michael F. Hogan, PhD, is Commissioner of the New York State Office of Mental Health.

Freeman A. Hrabowski, PhD, is President of UMBC.

Rick Lee, MPH, is President of Employer Solutions for Magellan Health Services, Inc.

Anthony F. Lehman, MD, MSPH, is Chair of the Department of Psychiatry, University of Maryland.

Ronald W. Manderscheid, PhD, is Director of Mental Health and Substance Use Programs, Constella Group, LLC.

Charles J. Milligan, Jr., JD, MPH, is Executive Director of the Center for Health Program Development and Management, UMBC.

Michael A. Nolin, MA, is Deputy Director of the Center for Health Program Development and Management, UMBC.

A. Kathryn Power, MEd, is Director of the Center for Mental Health Services, SAMHSA.

Rhonda Robinson-Beale, MD, is Chief Medical Officer of United Behavioral Health.

Linda Roebuck, MS, is CEO of the New Mexico Behavioral Health Purchasing Collaborative.

David S. Salkever, PhD, is Professor of Public Policy, UMBC.

Steven S. Sharfstein, MD, MPA, is President and CEO of Sheppard Pratt Health System.

David L. Shern, PhD, is President and CEO of Mental Health America.

How to Register:

Registration is available at
www.chpdm.org/symposium/aboutSymposium.htm

For more information, contact
Joyce Meyers at 410.455.6377
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The Center for Health Program Development and Management

The Center, located at the University of Maryland, Baltimore County (UMBC), works with public and nonprofit community-based agencies in Maryland and elsewhere to improve the health and social outcomes of vulnerable populations in a manner that maximizes the impact of available resources. The Center specializes in Medicaid managed care and rate setting, long-term supports and services, clinical and quality management, community and public health, and web-based health care data management. We are committed to addressing complex issues through informed, objective, and innovative research and analytics.

Directions to the Symposium

UMBC is conveniently located in the Baltimore-Washington corridor, just minutes from I-95 and the BWI airport and rail station.

Take I-95 (south from Baltimore or north from D.C.); take Exit 47B, Route 166 (I-195) west toward Catonsville; exit right onto campus (follow signs); at 2nd stop sign, turn right on Hilltop Circle; turn left on Commons Drive; park in the Commons Garage on your left; follow signs to the Public Policy Building.

OR, from I-695, take Exit 12C (Wilkens Avenue west); turn left on Walker Avenue; at stop sign, turn right on Hilltop Circle; follow remaining directions above.

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